

# Loom Knitting Stitch Guide

## Part I

The stitches found in this guide are in chart form and in written form. I hope you enjoy them and find them useful.

Follow the simple guidelines outlined below to learn to read patterns from a chart.

*Guidelines in chart reading:* note the difference between reading a chart for flat panels or circular knitting.

Flat Panel Chart reading:

Read the chart starting at row 1, read it from right to left.

Read the 2<sup>nd</sup> row from left to right.

Circular Chart reading:

Read the chart starting at row 1, from right to left.

Read all the next rows from right to left.

**Important:** When reading stitch patterns, keep the following in mind:

If the pattern is to be a flat panel, include the entire stitch multiple and the number after the + sign. If the pattern is to be knitted circularly, only include the multiple.

Example: if pattern multiple says "Multiple of 6 +2"

Flat Panel knitting: Cast on a multiple of 6, (6, 12, 18) then add a 2 to that number. (8, 14, 20)

Circular knitting: Cast on only the multiple of 6 (6, 12, 18)

Happy looming,

Isela Phelps

## *Stitch Guide Outline*

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### **Stitch Notes:**

k=knit=knit stitch or e-wrap single stitch

p=purl

Rnd=Round

## *Garter Stitch*

	4	3	2	1	
4	●	●	●	●	
					3
2	●	●	●	●	
					1

**Legend:**

knit

purl

Created in Knit Visualizer ([www.knitfoundry.com](http://www.knitfoundry.com))

*Multiple of 1 st. Over 2 rows*

### **Flat Panel Instructions**

Row 1: k to the end

Row 2: p to the end

### **Repeat Rows 1-2**

### **Circular Instructions**

Row 1: k to the end

Row 2: p to the end

### **Repeat Rows 1-2**

## *Rib (2 x 2)*

	8	7	6	5	4	3	2	1	
4	●	●			●	●			
	●	●			●	●			3
2	●	●			●	●			
	●	●			●	●			1

**Legend:**

knit

purl

Created in Knit Visualizer ([www.knitfoundry.com](http://www.knitfoundry.com))

### **Rib instructions for Flat Panels**

Multiple of 4 sts. Pattern done over 2 rows

Row 1: \*k2, p2; rep from \* to the end of row

Row 2: \*p2, k2; rep from \* to the end of row

Repeat Row 1 & 2.

### **Rib instructions on Circular Items**

Multiple of 4 sts. Pattern done over 2 rows

Rnd 1: \*k2, p2; rep from \* to the end of round

Repeat Row 1.

## Moss Stitch

	4	3	2	1	
4		●		●	
	●		●		3
2		●		●	
	●		●		1

**Legend:**

knit

purl

Created in Knit Visualizer ([www.knitfoundry.com](http://www.knitfoundry.com))

### Moss Stitch on Flat Panels

Multiple of 2 sts. Pattern done over 2 rows

Row 1: \*k1, p1; rep from \* to the end of row

Row 2: \*k1, p1; rep from \* to the end of row

Repeat Row 1 & 2.

### Moss Stitch on Circular Items

Multiple of 2 sts. Pattern done over 2 rows

Rnd 1: \*k1, p1; rep from \* to the end of round

Rnd 2: \*p1, k1; rep from \* to the end of round

Repeat Row 1 & 2.

## *Double Moss Stitch*

	4	3	2	1	
4		●		●	
		●		●	3
2	●		●		
	●		●		1

**Legend:**

knit

purl

Created in Knit Visualizer ([www.knitfoundry.com](http://www.knitfoundry.com))

### **Double Moss Stitch on Flat Panels**

Multiple of 2 sts. Pattern done over 4 rows

Row 1 & 4: \*k1, p1; rep from \* to the end of row

Row 2 & 3: \*p1, k1; rep from \* to the end of row

Repeat Row 1-4.

### **Double Moss Stitch on Circular Items**

Multiple of 2 sts. Pattern done over 4 rows

Rnd 1 & 2: \*k1, p1; rep from \* to the end of round

Rnd 3 & 4: \*p1, k1; rep from \* to the end of round

Repeat Row 1-4.

## Diagonal Rib

	10	9	8	7	6	5	4	3	2	1
8			●	●			●	●		
		●	●			●	●			●
6	●	●			●	●			●	●
	●			●	●			●	●	
4			●	●			●	●		
		●	●			●	●			●
2	●	●			●	●			●	●
	●			●	●			●	●	

### Legend:

□ knit

● purl

Created in Knit Visualizer ([www.knitfoundry.com](http://www.knitfoundry.com))

The diagonal rib is similar to the 2 x 2 rib except it is done at an angle. Every other row, you move the stitch one place over.

*Multiple of 8 sts + 2.*

### Flat Panel Instructions

Row 1: k1, \*p2, k2; rep from \* to last st, k1

Row 2: \*k2, p2; rep from \* to the end

Row 3: p1, \*k2, p2; rep from \* to the last st, p1

Row 4: \*p2, k2; rep from \* to the end

### Repeat Rows 1-4.

### Circular Instructions

Rnd 1: k1, \*p2, k2, to the last st, k1

Rnd 2: \*p2, k2; rep from \* to the end of rnd

Rnd 3: p1, \*k2, p2; rep from \* to last st, p1

Rnd 4: \*k2, p2; rep from \* to end of rnd

### Repeat Rounds 1-4.

## Basketweave

	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	
16					●	●	●	●					●	●	●	●	
15					●	●	●	●					●	●	●	●	
14					●	●	●	●					●	●	●	●	
13					●	●	●	●					●	●	●	●	
12	●	●	●	●					●	●	●	●					
11	●	●	●	●					●	●	●	●					
10	●	●	●	●					●	●	●	●					
9	●	●	●	●					●	●	●	●					
8					●	●	●	●					●	●	●	●	
7					●	●	●	●					●	●	●	●	
6					●	●	●	●					●	●	●	●	
5					●	●	●	●					●	●	●	●	
4	●	●	●	●					●	●	●	●					
3	●	●	●	●					●	●	●	●					
2	●	●	●	●					●	●	●	●					
1	●	●	●	●					●	●	●	●					

### Legend:

□ knit

● purl

Created in Knit Visualizer ([www.knitfoundry.com](http://www.knitfoundry.com))

### Flat Panels

*Multiple of 8 sts + 4. Pattern done over 8 rows.*

Row 1-4: \*k4, p4; rep from \* to last 4 sts, k4

Row 4-8: \*p4, k4; rep from \* to last 4 sts, p4

Repeat Rows 1-8.

### Circular Items

*Multiple of 8 sts. Pattern done over 8 rows*

Rnd 1-4: \*k4, p4; rep from \* to the end of rnd.

Rnd 5-8: \*p4, k4; rep from \* to the end of rnd

Repeat Rounds 1-8.

## Zig Zag

	6	5	4	3	2	1	
8	●	●					
		●	●				7
6			●	●			
				●	●		5
4					●	●	
				●	●		3
2			●	●			
		●	●				1

### Legend:

knit

purl

Created in Knit Visualizer ([www.knitfoundry.com](http://www.knitfoundry.com))

*Multiple of 6 sts. Over 8 rows*

### Flat Panel Instructions

Row 1: \*k3, p2, k1; rep from \* to the end

Row 2: \*k2, p2, k2; rep from \* to the end

Row 3: \*k1, p2, k3; rep from \* to the end

Row 4: \*k4, p2; rep from \* to the end

Row 5: \*k1, p2, k3; rep from \* to the end

Row 6: \*k2, p2, k2; rep from \* to the end

Row 7: \*k3, p2, k1; rep from \* to the end

Row 8: \*p2, k4; rep from \* to the end

**Repeat Rows 1-8.**

## Circular Instructions

### Repeat Rounds 1-8.

Rnd 1: \*k3, p2, k1; rep from \* to the end

Rnd 2: \*k2, p2, k2; rep from \* to the end

Rnd 3: \*k1, p2, k3; rep from \* to the end

Rnd 4: \*p2, k4; rep from \* to the end

Rnd 5: \*k1, p2, k3; rep from \* to the end

Rnd 6: \*k2, p2, k2; rep from \* to the end

Rnd 7: \*k3, p2, k1; rep from \* to the end

Rnd 8: \*k4, p2; rep from \* to the end

## Box Stitch

	6	5	4	3	2	1	
4	●	●			●	●	
	●	●			●	●	3
2			●	●			
			●	●			1

**Legend:**

knit

purl

Created in Knit Visualizer ([www.knitfoundry.com](http://www.knitfoundry.com))

Multiple of 4 +2

### Flat Panel Instructions

Row 1 & 2: k2, \*p2, k2; rep from \* to the end

Row 3 & 4: p2, \*k2, p2; rep from \* to the end

Repeat Rows 1-4

### Circular Instructions

Rnd 1 & 2: \*k2, p2; rep from \* to the end

Rnd 3 & 4: \*p2, k2; rep from \* to the end

Repeat Rounds 1-4